# SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY

## SAULT STE. MARIE, ONTARIO

## **COURSE OUTLINE**

COURSE TITLE:	Treatment Process
COURSE CODE:	ADD111-4
PROGRAM:	Native Community Worker - Addiction Counsellor
SEMESTER:	THREE
DATE:	SEPTEMBER 1996
AUTHOR:	NATIVE EDUCATION DEPARTMENT
Revised: X	
APPROVED:	FILE COPY  n, School of Native Education  DATE:

### I. PHILOSOPHY/GOALS:

Since substance abuse is considered a complex, multifaceted, progressive issue, those who work in the field of addictions must be aware of a variety of perspectives regarding treatment.

In this course, the students will be introduced to the role of the substance abuse work, concepts of treatment process and the importance of addressing all significant related problems.

### II. LEARNING OUTCOMES:

When you have earned credit for this course, you will have reliably demonstrated an ability to:

- 1. Adopt a confident, flexible and knowledgable attitude towards various treatment approaches/treatment processes present in any treatment setting.
- 2. Perform the 12 core functions of a substance abuse counsellor.
- 3. Implement the Canon of Ethical Principles into your every day professional activities.
- 4. Complete an assessment using tools currently available in the field of addictions.
- 5. Prepare a complete case presentation of clients involved in the continuum of care.
- 6. Design, develop and implement a comprehensive treatment plan suitable to meet the specific needs of each individual and co-ordinate effective on-going case management.
- 7. Create a staff plan to ensure efficient time management and comprehensive coverage during treatment hours.

#### III. TOPICS TO BE COVERED:

- 1. The Continuum of Care Prevention, Intervention and Treatment
- Case Presentation Method -- 12 Core Functions
- 3. Ethical Principles & Role of Substance Abuse Worker
- 4. Treatment Plan Client and staff schedule
- 5. Introduction to Relapse Prevention

### IV. LEARNING ACTIVITIES/ REQUIRED RESOURCES:

Instructor's presentations will occur in an interactive style through group discussion, utilizing guest speaker and video material related to the topics covered.

- 1. Learning Activities: The Continuum of Care
  - \*The instructor will introduce the students to various programs which involve prevention, intervention and treatment using a variety of sources.

RESOURCES: Handouts, guest speakers, class discussion

- 2. Learning Activities: 12 Core Functions
  - \*The instructor will take the students through the process of a substance abuse counsellor's responsibilities in relation to the 12 core functions in a treatment setting.

RESOURCES: Handouts

- 3. Learning Activities: Relapse Prevention
  - \*The instructor will introduce the students to Relapse Prevention, warning signs of relapse, relapse dynamics and steps of relapse prevention planning

RESOURCES: Handouts

#### V. METHOD OF EVALUATION

Test #1	15%	September 18
Test #2	10%	October 23
Test #3	10%	December 9
Community Resources Directory	10%	Due October 16
Client Profile/Assessment	10%	Due October 30
Treatment Plan/Schedule	25%	Due November 20
Report	10%	Due November 25
Aftercare Plan	10%	Due December 16
TOTAL	100%	

- A. i) Test one will cover the various approaches of prevention, intervention and treatment.
  - ii) Test two will cover the 12 Core Functions of a substance abuse counsellor and 12 Ethical Principles.
  - iii) Test three will cover Relapse Prevention.
- B. Community Resources Directory: this assignment can be completed in various formats and must include the following:
  - 1. Minimum of 20 service providers/agencies in the community who provide addiction services.
  - 2. For each service provider/agency:
    - a. full address, include postal code
    - b. telephone numbers and fax numbers (include area code)
    - c. target client population
    - d. main services provided
    - e. contact person and their title within the agency cannot be the Director or equivalent unless validated as only possible contact.

\*\*\*\*"This is an individual assignment". All the information in your directory must be current and accurate to receive full marks (1 mark will be deducted for each spelling error).

- C. Client Profile/Assessment: The student will develop a client profile through assessing an individual worth 5%. A summary of the client profile worth 5%.
- D. Treatment Plan-Client/Schedule: Students will design a Residential Treatment Centre for Drugs and Alcohol. Your centre will include a variety of activities which will meet the needs of your client. Specifics on process and format to be provided by instructor.
- E. Report: Students to prepare 4 6 double-spaced typewritten pages on an issue related to addictions treatment. Specifics on format and process provided by instructor. Bibliography required.
- F. After-Care Plan: The student will develop an after care plan which best suits the client needs, include community resources from your community directory.

#### VI. COLLEGE EVALUATION SYSTEM:

Letter grades, for transcript purposes, will be calculated as follows:

90% - 100% = A+ 80% - 89% = A 70% - 79% = B 60% - 60% = C Less than 60% = R (Repeat of the course)

#### VII. SPECIAL NOTES:

Students with special needs, e.g. physical limitations, visual impairments, learning disabilities are encouraged to discuss required accommodations confidentially with the instructor.

Your instructor reserves the right to modify the course as he/she deems necessary to meet the needs of the students.

Significant learning takes place in the classroom through an interactive learning approach; therefore, ALL students must attend 60% of the classes to obtain a passing grade.

ALL assignments are to be handed in on the due date and are to be typewritten. Any late assignments will be penalized 1% per each day late.